

CLIMBING EQUIPMENT LIST MOAB

- 40 L Daypack-*Guide Pick Mountain Hardwear-Via Rapida 35*
- Low profile hydration pack (towers)
- Solid Approach Shoe- *Guide Pick Salewa Firetail or Alp Trainer*
- Rock Shoes- rentals available
- Light cotton Long sleeve shirt
- Light wicking short sleeve shirt- *Guide Pick Mountain Hardwear-Wicked Light Tee short*
- Light long cotton pant for climbing – *Guide pick Mountain Hardwear Chocklight Pant*
- Quick Dry Short for approach
- Long sleeve Sun shirt
- Light rain/ wind jacket – *Guide pick Mountain Hardwear-Chocklight Jacket*

On approach to towers & crags we recommend durable footwear to protect feet from sharp rocks and spiny plants. Quick dry /durable shorts and shirts. On approach, a 30 to 40 L backpack that is adequate for water, extra clothes and climbing gear used for the day. The approach pack should adequately carry a 60-meter rope in addition to the personal gear mentioned above.

While climbing we recommend loose fitting durable long synthetic or cotton clothing that is flexible to move in while climbing. A compressible light weight wind shirt is recommended for it's size and ability to block cold desert wind while up on the climbs. **On towers** a small hydration pack that can carry water, wind jacket and snacks. Large packs while climbing are cumbersome and hard to maneuver in off-widths and chimneys and are not recommended

Other Stuff...

- 2 to 3 Liters of Water
- Sun Screen
- Lip Balm
- Brimmed hat
- Camera
- Snacks
- Roll of Athletic tape

CANYONEERING EQUIPMENT LIST

What to expect while Canyoneering around Moab: While hiking into area canyons, you will run into an amazing desert environment that is hot, sticky and scratchy one minute then at the next corner you are wet and involved in a high angle adventure. The following list is a recommendation of what to wear to be comfortable to enjoy your trip.

Clothing for hiking in the Canyons

- 20 to 30 L Daypack-*We carry special Canyoneering packs available for rent.*
- Long sleeve sun shirt
- Solid Approach Shoe that is amphibious that can get wet and dry out or solid hiking shoes plus solid water sandals.
- Socks for Hiking
- Quick dry pants/long shorts that offer protection from the sun and spiny plants.
- Light wicking short sleeve shirt- *Guide Pick Mountain Hardwear-Wicked Light Tee short*

For Wet Canyons:

- Long poly pro/fleece top
- Dry suite or farmer john wet suit
- Neoprene socks/gloves
- Nylon shorts
- Light weight parka
- Dry bags –*We carry dry bags for rent*

Other Stuff...

- 2 to 3 Liters of Water
- Sun Screen
- Lip Balm
- Brimmed hat
- Camera
- Waterproof camera protection
- Zip lock bags
- Snacks

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